

Maternity Hospital Bag Checklist

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MOM

Clothes

- Maternity Sweats/Shirts
- Loose Pajamas
- Slippers or Thick Socks
- Nursing Bra or Camisole
- Going Home Outfit (Loose)
- Cotton Panties (Larger Size)
- Loose Sweater
- Flip Flops for Shower

Toiletries

- Hairbrush/Comb
- Toothbrush/Paste/Floss
- Soap/Shower Gel
- Shampoo/Conditioner
- Deodorant
- Makeup
- Lip Balm
- Ponytail Holders/Headbands

Other

- Pillow
- Nursing Pillow
- Sanitary Pads/Briefs
- Numbing Spray
- Breast Pads
- Nipple Cream
- Prenatal Vitamins
- Glasses/Contacts

DAD

Clothes/Toiletries

- Shirts/Pants/Sweaters
- Underwear/Boxers/Socks
- Blanket
- Toothbrush/Paste/Floss
- Shampoo
- Comb
- Deodorant
- Razor/Shaving Cream

Necessities

- Insurance Cards
- Drivers Licenses
- Registration Paperwork
- OB Contact Info
- Pediatrician Contact Info
- Camera/Battery/SD Card
- Cash
- Friend/Family Contact Info

Other

- Cell Phones/Chargers
- Laptops/Tablets
- Sibling Gifts
- Bluetooth Speaker
- Snacks/Bottled Drinks
- Gum/Mints
- Towels/Plastic for Car
- Baby Book

BABY

Clothes/Toiletries

- Going Home Outfit
- Extra Outfits
- Sleepers
- Mittens/Booties/Caps
- Baby Wash/Lotion (Travel)
- Vaseline
- Newborn Size Diapers
- Baby Wipes

Supplies

- Car Seat
- Car Seat Cover
- Stocked Diaper Bag
- Receiving Blankets
- Warm Blanket
- Swaddlers
- Burp Cloths
- Pacifier

Additional Supplies

- Nursing Cover
- Nipple Shields
- Nasal Aspirator
- Sterilized Bottles
- Changing Pad
- Notepad/Memory Book
- Hand Sanitizer
- Baby Nail Clipper